

SFV H&I COMMITTEE HOSPITAL PANEL FORMAT

My name is _____ and I am an alcoholic. Are there any other alcoholics present?

We are members of the San Fernando Valley Hospital and Institution Committee of Alcoholics Anonymous. This is the regular _____ evening A.A. Panel at _____

Would you please join me in the serenity prayer:

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Read introduction:

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

It is customary to read selected portions from the big book, Alcoholics Anonymous.

- May I have a volunteer to read a portion of Chapter 3?
- May I have a volunteer to read a portion of Chapter 5?
- May I have a volunteer to read a portion of the 12 Traditions?

Anything we say that is not a direct quote from our book "Alcoholics Anonymous" is our personal experience only. We do not speak for A.A. as a whole.

The San Fernando Valley Central office of Alcoholics Anonymous can help you locate a meeting when you leave this facility. A 24-hour number is located on the front cover of the Meeting Directory. We suggest you call ahead, prior to your discharge, so you have a meeting location planned in advance.

After our panel members have spoken, there may be time for questions and answers pertinent to Alcoholics Anonymous or our recovery from the disease of alcoholism.

Please hold your questions or comments until after all of our panel members have spoken.

PANEL SPEAKERS SHARE

Optional: QUESTION & ANSWER PERIOD

We close with the Serenity Prayer